

Vacation time is here. The Wellness Committee wishes all of you a relaxing, safe vacation.

Warm weather brings out huge numbers of bicycle riders and pedestrians. Drivers must be aware and more cautious due to the unexpected turns, darting, and falls of others. Children should be taught traffic safety rules before getting on their first bike. Watch those children at play beside the road and slow down.

Home security awareness in summer: Garage doors, house doors and windows are often left open for ventilation or convenience. It takes just a moment for a thief to steal bicycles, sports equipment or other items of value. Police sources indicate this is a common way for burglars to gain entrance to homes.

Going on vacation? Achieve peace of mind by installing a home security system. Insurance premium discounts may be available. Let a trusted neighbor know you will be gone so if something doesn't look right, they can notify the police. Do not stop mail and newspaper but have that trusted neighbor pick it up for you.

Travel safety includes motel/hotel safety. Keep rooms locked and do not leave any valuables or money in room when you are not there except in a locked safe. Do not open your door to any stranger for any reason. Instruct all children not to open the door to strangers.

Have a great vacation but think safety first!

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**The Wellness Committee welcomes your comments & suggestions.**

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