

**ROCKFORD PUBLIC SCHOOLS
HASKELL SCHOOL BREAKFAST MENU*
JULY 20 THRU AUGUST 26, 2009**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| 7/20 INSTITUTE DAY NO SCHOOL | 7/21 INSTITUTE DAY NO SCHOOL | 7/22 (first day of school) 1/2 DAY NO BREAKFAST | 7/23 APPLE JUICE (4 oz) CINNAMANIA FRENCH TOAST GRAHAM SNACK MILK | 7/24 ORANGE JUICE (4 oz) CORN FLAKES CEREAL (3/4 c) KEEBLER GRAHAM CRACKERS MILK |
| 7/27 ASSORTED JUICE (4 oz) RICE KRISPIES CEREAL (3/4 c) BANANA ELFIN LOAF MILK | 7/28 GRAPE JUICE (4 oz) TRIX CEREAL (3/4 c) RAISIN OATMEAL BREAKFAST BAR MILK | 7/29 ASSORTED JUICE (4 oz) APPLE JACKS CEREAL (3/4 c) DANIMAL STRAWBERRY YOGURT (4 oz) MILK | 7/30 ORANGE JUICE (4 oz) HONEY NUT CHEERIOS CEREAL (3/4 c) BLUEBERRY POPTART MILK | 7/31 APPLE JUICE (4 oz) CRUNCHMANIA STRAWBERRY WAFFLE MILK |
| 8/3 ASSORTED JUICE (4 oz) CINNAMON TOAST CRUNCH CEREAL (3/4 c) TRIX RASPBERRY YOGURT (4 oz) MILK | 8/4 ORANGE JUICE (4 oz) FRUIT LOOPS CEREAL (3/4 c) BROWN SUGAR & CINNAMON POPTART MILK | 8/5 APPLE JUICE (4 oz) MAPLE WAFFLE MILK | 8/6 GRAPE JUICE (4 oz) FRUIT LOOPS CEREAL (3/4 c) ASSORTED ROLLS MILK | 8/7 ASSORTED JUICE (4 oz) CHEERIOS CEREAL (3/4 c) PEANUT BUTTER & JELLY SANDWICH MILK |
| 8/10 APPLE JUICE (4 oz) TRIX CEREAL (3/4 c) KEEBLER GRAHAM CRACKERS MILK | 8/11 ORANGE JUICE (4 oz) CINNAMANIA CINNAMON BUN GRAHAM SNACKS MILK | 8/12 GRAPE JUICE (4 oz) CEREAL COMBO (3/4 c) DANIMAL STRAWBERRY YOGURT (4oz) MILK | 8/13 APPLE JUICE (4 oz) FROSTED MINI WHEATS CEREAL (3/4 c) BROWN SUGAR & CINNAMON OATMEAL BREAKFAST BAR MILK | 8/14 ASSORTED JUICE (4 oz) RICE KRISPIES CEREAL (3/4 c) STRAWBERRY POPTART MILK |
| 8/17 ORANGE JUICE (4 oz) LUCKY CHARMS CEREAL (3/4 c) KEEBLER CINNAMON GRAHAM CRACKERS MILK | 8/18 APPLE JUICE (4 oz) CHEERIOS CEREAL (3/4 oz) BLUEBERRY POPTART MILK | 8/19 ASSORTED JUICE (4 oz) GOLDEN GRAHAM CEREAL (3/4 c) PEANUT BUTTER & JELLY WAFER MILK | 8/20 GRAPE JUICE (4 oz) CINNAMON TOAST CRUNCH CEREAL (3/4 c) BANANA ELFIN LOAF MILK | 8/21 ASSORTED JUICE (4 oz) FRUIT LOOPS CEREAL (3/4 c) ASSORTED ROLLS MILK |
| 8/24 ASSORTED JUICE (4 oz) LUCKY CHARMS CEREAL (3/4 c) STRAWBERRY POPTART MILK | 8/25 GRAPE JUICE (4 oz) MAPLE WAFFLE MILK | 8/26 ASSORTED JUICE (4 oz) CEREAL COMBO (3/4 c) BLUEBERRY ELFIN LOAF MILK | | |

BREAKFAST PRICE
STUDENT BREAKFAST \$2.00

ADULT BREAKFAST \$2.05

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

STUDENT REDUCED PRICE BREAKFAST \$.30

***KELLOGG'S "JUMP START" OR EASTSIDE ENTREES "BREAKFAST BREAKS" BREAKFAST KITS
AVAILABLE AT SELECTED CAFETERIAS**

**ROCKFORD PUBLIC SCHOOLS
HASKELL COLD LUNCH
JULY 20 THRU AUGUST 26, 2009**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| 7/20 INSTITUTE DAY NO SCHOOL | 7/21 INSTITUTE DAY NO SCHOOL | 7/22 (First Day of School) 1/2 DAY NO LUNCH | 7/23 BOLOGNA & CHEESE SANDWICH LETTUCE SALAD W/FRENCH DRESSING PEACH CUP MILK | 7/24 PIZZA SLICE OF BREAD (2) APPLESAUCE ASSORTED JUICE MILK |
| 7/27 TURKEY & CHEESE SANDWICH GREEN BEANS FRUIT COCKTAIL MILK | 7/28 HAM & CHEESE SANDWICH PEARS APPLE JUICE MILK | 7/29 CHEESEBURGER ON BUN CORN ON COB ORANGE WEDGES MILK | 7/30 PEANUT BUTTER & JELLY SANDWICH W/STRING CHEESE PEACH CUPS ASSORTED JUICE MILK | 7/31 PIZZA SLICE OF BREAD (2) APPLESAUCE GRAPE JUICE MILK |
| 8/3 PEANUT BUTTER & JELLY SANDWICH FRUIT COCKTAIL APPLE JUICE MILK | 8/4 HOT DOG ON BUN CORN ON COB APPLESAUCE MILK | 8/5 BOLOGNA & CHEESE SANDWICH PEACH CUP GRAPE JUICE GOLDFISH CHEESE CRACKERS MILK | 8/6 HAM & CHEESE SANDWICH GREEN BEANS ORANGE WEDGES MILK | 8/7 PIZZA SLICE OF BREAD (2) PEARS ORANGE JUICE MILK |
| 8/10 TURKEY & MOZZARELLA CHEESE SANDWICH PEARS ORANGE JUICE MILK | 8/11 HAM & CHEESE SANDWICH GREEN BEANS PEACH CUP MILK | 8/12 PEANUT BUTTER & JELLY SANDWICH APPLE ASSORTED JUICE RICE KRISPIE TREAT MILK | 8/13 CHEESEBURGER ON BUN CORN ON COB SHAPE UPS FROZEN JUICE TREAT MILK | 8/14 PIZZA SLICE OF BREAD (2) FRUIT COCKTAIL GRAPE JUICE MILK |
| 8/17 BOLOGNA & CHEESE SANDWICH APPLESAUCE GRAPE JUICE MILK | 8/18 HOT DOG ON BUN PEAS PEACH CUP GOLDFISH CHEESE CRACKERS MILK | 8/19 PEANUT BUTTER & JELLY SANDWICH GREEN BEANS APPLE MILK | 8/20 HAM & CHEESE SANDWICH FRUIT COCKTAIL ORANGE JUICE MILK | 8/21 PIZZA SLICE OF BREAD (2) PEARS ASSORTED JUICE MILK |
| 8/24 HOT DOG ON BUN PEARS GRAPE JUICE MILK | 8/25 PEANUT BUTTER & JELLY SANDWICH ORANGE WEDGES ASSORTED JUICE MILK | 8/26 HAM & CHEESE SANDWICH GREEN BEANS FRUIT COCKTAIL RICE KRISPIE TREAT MILK | | |

LUNCH PRICES

ELEMENTARY STUDENT LUNCH \$2.70

REDUCED PRICE STUDENT LUNCH \$.40

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

ADULT LUNCH \$3.85

MILK ONLY \$.40