

**ROCKFORD PUBLIC SCHOOLS
SECONDARY LUNCH MENU
NOVEMBER 2 THRU NOVEMBER 6**

AUBURN, AUBURN FRESHMAN CAMPUS, EAST, GUILFORD, JEFFERSON, EISENHOWER, FLINN, KENNEDY, LINCOLN, RESA & WEST

MONDAY 11/2	TUESDAY 11/3	WEDNESDAY 11/4	THURSDAY 11/5	FRIDAY 11/6
CHOICE OF MINI CORN DOGS OR REGULAR CORN DOG BBQ ON BUN HASH BROWN STICK MIXED VEGETABLES <u>CHOICE OF</u> PEACH CUP PINEAPPLE TIDBITS MILK	<u>CHOICE OF</u> CHILI W/2 PKGS. CRACKERS SPICY CHICKEN PATTY ON BUN HASH BROWN PATTY GREEN BEANS <u>CHOICE OF</u> FRUIT COCKTAIL APPLESAUCE MILK	<u>CHOICE OF</u> PHILLY CHEESE STEAK SANDWICH SOUTHWEST CHICKEN WRAP FRENCH FRIES PEAS <u>CHOICE OF</u> LETTUCE SALAD ASSORTED JUICE MILK	<u>CHOICE OF</u> BACON, LETTUCE & TOMATO SANDWICH W/MOZZARELLA CHEESE STICK TURKEY PATTY ON BUN POTATO ROUNDS WHOLE KERNEL CORN <u>CHOICE OF</u> CITRUS COMBO APPLE MILK	<u>CHOICE OF</u> CRISPY FISH ON BUN BREADED MOZZARELLA CHEESE STICKS W/SPAGHETTI SAUCE CURLY FRIES STEAMED CARROTS <u>CHOICE OF</u> ORANGE JUICE PEARS MILK
A LA CARTE * SOUP CHICKEN VELVET SOUP	BROCCOLI SOUP	CHICKEN NOODLE SOUP	POTATO CHOWDER SOUP	CREAM OF TOMATO SOUP
*SANDWICHES	SANDWICHES	SANDWICHES	SANDWICHES	SANDWICHES
*DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
<u>*AVAILABLE DAILY:</u> PIZZA SALAD BAR OR CHEF SALADS DELI SANDWICH BAR		<u>*AVAILABLE WEDNESDAY:</u> POTATO BAR W/CHOICE OF BROCCOLI & CHEESE OR SPECIAL MEAT TOPPING		<u>*AVAILABLE DAILY:</u> ONE ADDITIONAL SLICE OF BREAD

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
FLAVORED 1% MILKS, WHEN AVAILABLE, INCLUDE VANILLA, STRAWBERRY AND CHOCOLATE

**ROCKFORD PUBLIC SCHOOLS
SECONDARY LUNCH MENU
NOVEMBER 9 THRU NOVEMBER 13**

AUBURN, AUBURN FRESHMAN CAMPUS, EAST, GUILFORD, JEFFERSON, EISENHOWER, FLINN, KENNEDY, LINCOLN, RESA & WEST

MONDAY 11/9	TUESDAY 11/10	WEDNESDAY 11/11	THURSDAY 11/12	FRIDAY 11/13
<p><u>CHOICE OF</u> CHICKEN NUGGETS</p> <p>HONEY GRILLED SMOKED BEEF RIB PATTY ON BUN</p> <p>POTATO ROUNDS</p> <p>MIXED VEGETABLES</p> <p><u>CHOICE OF</u> ORANGE WEDGES GRAPE JUICE</p> <p>MILK</p>	<p><u>CHOICE OF</u> BEEF BURRITO</p> <p>CHICKEN FAJITAS</p> <p>HASH BROWN STICK</p> <p>SPANISH RICE</p> <p>WHOLE KERNEL CORN</p> <p><u>CHOICE OF</u> PINEAPPLE TIDBITS ASSORTED JUICE</p> <p>MILK</p>	<p>VETERAN'S DAY</p> <p>NO SCHOOL</p>	<p><u>CHOICE OF</u> TENDA STEAK ON BUN</p> <p>BACON, LETTUCE, AND TOMATO SANDWICH W/MOZZARELLA CHEESE STICK</p> <p>POTATO WEDGES</p> <p>PEAS</p> <p><u>CHOICE OF</u> CARROT/CELERY STICKS W/DIP FRUIT COCKTAIL</p> <p>MILK</p>	<p><u>CHOICE OF</u> HOT ROAST PORK SANDWICH</p> <p>CHILI BEEF HOT DOG OR BEEF HOT DOG ON BUN</p> <p>MASHED POTATOES W/GRAVY</p> <p>GREEN BEANS</p> <p><u>CHOICE OF</u> PEACHES APPLE</p> <p>MILK</p>
<p>A LA CARTE *SOUP BROCCOLI SOUP</p>	<p>CHICKEN NOODLE SOUP</p>		<p>POTATO CHOWDER SOUP</p>	<p>ASSORTED SOUP</p>
<p>*SANDWICHES</p>	<p>SANDWICHES</p>		<p>SANDWICHES</p>	<p>SANDWICHES</p>
<p>*DESSERTS</p>	<p>DESSERTS</p>		<p>DESSERTS</p>	<p>DESSERTS</p>
<p><u>*AVAILABLE DAILY:</u> PIZZA SALAD BAR OR CHEF SALADS DELI SANDWICH BAR</p>				<p><u>*AVAILABLE DAILY:</u> ONE ADDITIONAL SLICE OF BREAD</p>

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FLAVORED 1% MILKS, WHEN AVAILABLE, INCLUDE VANILLA, STRAWBERRY AND CHOCOLATE

**ROCKFORD PUBLIC SCHOOLS
SECONDARY LUNCH MENU
NOVEMBER 16 THRU NOVEMBER 20**

AUBURN, AUBURN FRESHMAN CAMPUS, EAST, GUILFORD, JEFFERSON, EISENHOWER, FLINN, KENNEDY, LINCOLN, RESA & WEST

MONDAY 11/16	TUESDAY 11/17	WEDNESDAY 11/18	THURSDAY 11/19	FRIDAY 11/20
<p align="center">CHOICE OF CHEESEBURGER ON BUN</p> <p align="center">ITALIAN BEEF W/MOZZARELLA CHEESE ON STEAK BUN</p> <p align="center">FRENCH FRIES</p> <p align="center">MIXED VEGETABLES</p> <p align="center">CHOICE OF</p> <p align="center">PEARS FRUIT COCKTAIL</p> <p align="center">MILK</p>	<p align="center">CHOICE OF CHICKEN STIR FRY W/RICE</p> <p align="center">HAM & CHEESE WRAP</p> <p align="center">POTATO TRIANGLE</p> <p align="center">PEAS</p> <p align="center">CHOICE OF</p> <p align="center">ORANGE JUICE APPLE</p> <p align="center">MILK</p>	<p align="center">CHOICE OF SPICY CHICKEN PATTY ON BUN</p> <p align="center">HOT POCKETS W/BAKED BEANS</p> <p align="center">FRENCH FRIES</p> <p align="center">WHOLE KERNEL CORN</p> <p align="center">CHOICE OF</p> <p align="center">LETTUCE SALAD ASSORTED JUICE</p> <p align="center">MILK</p>	<p align="center">CHOICE OF CREAMED TURKEY</p> <p align="center">BRATWURST ON BUN</p> <p align="center">MASHED POTATOES</p> <p align="center">SWEET POTATOES</p> <p align="center">DRESSING</p> <p align="center">GREEN BEANS</p> <p align="center">CHOICE OF</p> <p align="center">APPLESAUCE PINEAPPLE TIDBITS</p> <p align="center">MILK</p>	<p align="center">CHOICE OF CHEESE QUESADILLAS</p> <p align="center">TURKEY PATTY ON BUN</p> <p align="center">HASH BROWN PATTY</p> <p align="center">BROCCOLI SPEARS W/CHEESE SAUCE</p> <p align="center">CHOICE OF</p> <p align="center">PEACH CUP ORANGE WEDGES</p> <p align="center">MILK</p>
<p>A LA CARTE *SOUP</p> <p align="center">MINISTRONE SOUP</p>	CREAM OF TOMATO SOUP	CHICKEN VELVET SOUP	BROCCOLI SOUP	ASSORTED SOUPS
*SANDWICHES	SANDWICHES	SANDWICHES	SANDWICHES	SANDWICHES
*DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
<p>*AVAILABLE DAILY: PIZZA SALAD BAR OR CHEF SALADS DELI SANDWICH BAR</p>		<p>*AVAILABLE WEDNESDAY: POTATO BAR W/CHOICE OF BROCCOLI & CHEESE OR SPECIAL MEAT TOPPING</p>		<p>*AVAILABLE DAILY: ONE ADDITIONAL SLICE OF BREAD</p>

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

FLAVORED 1% MILKS, WHEN AVAILABLE, INCLUDE VANILLA, STRAWBERRY AND CHOCOLATE

**ROCKFORD PUBLIC SCHOOLS
SECONDARY LUNCH MENU
NOVEMBER 23 THRU NOVEMBER 27**

AUBURN, AUBURN FRESHMAN CAMPUS, EAST, GUILFORD, JEFFERSON, EISENHOWER, FLINN, KENNEDY, LINCOLN, RESA & WEST

MONDAY 11/23	TUESDAY 11/24	WEDNESDAY 11/25	THURSDAY 11/26	FRIDAY 11/27
<p align="center">CHOICE OF HONEY GRILLED SMOKED BEEF RIB PATTY ON BUN</p> <p align="center">CHICKEN PATTY ON BUN</p> <p align="center">POTATO WEDGES</p> <p align="center">MIXED VEGETABLES</p> <p align="center">CHOICE OF</p> <p align="center">JUICE PEARS</p> <p align="center">MILK</p>	<p align="center">CHOICE OF GYRO W/PITA BREAD</p> <p align="center">CHEESEBURGER ON BUN</p> <p align="center">CURLY FRIES</p> <p align="center">GREEN BEANS</p> <p align="center">CHOICE OF</p> <p align="center">TOSSED SALAD FRUIT COCKTAIL</p> <p align="center">MILK</p>	<p>PARENT/TEACHER CONFERENCES</p> <p>NO SCHOOL</p>	<p>THANKSGIVING DAY</p> <p>NO SCHOOL</p>	<p>SPECIAL HOLIDAY</p> <p>NO SCHOOL</p>
<p>A LA CARTE</p> <p>*SOUP CREAM OF TOMATO SOUP</p>	<p>BROCCOLI SOUP</p>			
*SANDWICHES	SANDWICHES	SANDWICHES	SANDWICHES	SANDWICHES
*DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
<p><u>*AVAILABLE DAILY:</u></p> <p>PIZZA</p> <p>SALAD BAR OR CHEF SALADS DELI SANDWICH BAR</p>		<p><u>*AVAILABLE WEDNESDAY:</u></p> <p>POTATO BAR W/CHOICE OF BROCCOLI & CHEESE OR SPECIAL MEAT TOPPING</p>		<p><u>*AVAILABLE DAILY:</u></p> <p>ONE ADDITIONAL SLICE OF BREAD</p>

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

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FLAVORED 1% MILKS, WHEN AVAILABLE, INCLUDE VANILLA, STRAWBERRY AND CHOCOLATE

**ROCKFORD PUBLIC SCHOOLS
SECONDARY LUNCH MENU
NOVEMBER 30 THRU DECEMBER 4**

AUBURN, AUBURN FRESHMAN CAMPUS, EAST, GUILFORD, JEFFERSON, EISENHOWER, FLINN, KENNEDY, LINCOLN, RESA & WEST

MONDAY 11/30	TUESDAY 12/1	WEDNESDAY 12/2	THURSDAY 12/3	FRIDAY 12/4
<p>CHOICE OF CHICKEN QUESADILLAS HONEY GRILLED SMOKED BEEF RIB PATTY ON BUN CURLY FRIES MIXED VEGETABLES</p> <p>CHOICE OF ORANGE JUICE PEARS</p> <p>MILK</p>	<p><u>CHOICE OF</u> MACARONI & CHEESE CHICKEN PATTY ON BUN OR BREADED CHICKEN FRENCH FRIES PEAS</p> <p><u>CHOICE OF</u> ASSORTED JUICE APPLESAUCE</p> <p>MILK</p>	<p><u>CHOICE OF</u> CHEESEBURGER ON BUN PORK CHOPETTE ON BUN FRENCH FRIES CORN ON COB</p> <p>CHOICE OF FRESH PINEAPPLE WEDGE GRAPE JUICE</p> <p>MILK</p>	<p>CHOICE OF SPAGHETTI W/MEAT BALLS GRILLED HAM AND CHEESE SANDWICH POTATO ROUNDS GREEN BEANS</p> <p>CHOICE OF BANANA PEACH CUP</p> <p>MILK</p>	<p>CHOICE OF SOUTHWEST CHICKEN WRAP CRISPY FISH ON BUN SEASONED POTATO WEDGES BROCCOLI MEDLEY</p> <p>CHOICE OF FRUIT COCKTAIL ASSORTED JUICE</p> <p>MILK</p>
<p>A LA CARTE *SOUP CHICKEN NOODLE SOUP</p>	<p>BEEF NOODLE SOUP</p>	<p>CHICKEN VELVET SOUP</p>	<p>POTATO CHOWDER SOUP</p>	<p>CREAM OF TOMATO SOUP</p>
<p>*SANDWICHES</p>	<p>SANDWICHES</p>	<p>SANDWICHES</p>	<p>SANDWICHES</p>	<p>SANDWICHES</p>
<p>*DESSERTS</p>	<p>DESSERTS</p>	<p>DESSERTS</p>	<p>DESSERTS</p>	<p>DESSERTS</p>
<p><u>*AVAILABLE DAILY:</u> PIZZA SALAD BAR OR CHEF SALADS DELI SANDWICH BAR</p>		<p><u>*AVAILABLE WEDNESDAY:</u> POTATO BAR W/CHOICE OF BROCCOLI & CHEESE OR SPECIAL MEAT TOPPING</p>		<p>*AVAILABLE DAILY: ONE ADDITIONAL SLICE OF BREAD</p>

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