

**ROCKFORD PUBLIC SCHOOLS
SCHOOL BREAKFAST MENU*
SEPTEMBER 28 THRU OCTOBER 30, 2009**

BEYER, JOHNSON, MONTESSORI, STILES & SUMMERDALE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/28 ASSORTED JUICE (4 oz) CHEERIOS CEREAL (3/4 c) STRAWBERRY POPTART MILK	9/29 GRAPE JUICE (4 oz) MAPLE WAFFLE MILK	9/30 ASSORTED JUICE (4 oz) CEREAL COMBO (3/4 c) BLUEBERRY ELFIN LOAF MILK	10/1 APPLE JUICE (4 oz) CINNAMANIA FRENCH TOAST GRAHAM SNACKS MILK	10/2 ORANGE JUICE (4 oz) CORN FLAKES CEREAL (3/4 c) KEEBLER GRAHAM CRACKERS MILK
10/5 ASSORTED JUICE (4 oz) RICE KRISPIES CEREAL (3/4 c) BANANA ELFIN LOAF MILK	10/6 GRAPE JUICE (4 oz) CEREAL COMBO (3/4 c) RAISIN OATMEAL BREAKFAST BAR MILK	10/7 ASSORTED JUICE (4 oz) CRISPIX CEREAL (3/4 c) DANIMAL STRAWBERRY YOGURT (4 oz) MILK	10/8 ORANGE JUICE (4 oz) HONEY NUT CHEERIOS CEREAL (3/4 c) CORN MUFFIN MILK	10/9 SCHOOL IMPROVEMENT DAY NO SCHOOL
10/12 COLUMBUS DAY NO SCHOOL	10/13 ORANGE JUICE (4 oz) RAISIN BRAN CEREAL (3/4 c) KEEBLER GRAHAM CRACKERS MILK	10/14 APPLE JUICE (4 oz) MAPLE WAFFLE MILK	10/15 GRAPE JUICE (4 oz) SPECIAL K CEREAL (3/4 c) BANANA ELFIN LOAF MILK	10/16 ASSORTED JUICE (4 oz) CINNAMON TOAST CRUNCH CEREAL (3/4 c) PEANUT BUTTER & JELLY SANDWICH MILK
10/19 APPLE JUICE (4 oz) HONEY NUT CHEERIOS (3/4 c) KEEBLER GRAHAM CRACKERS MILK	10/20 ORANGE JUICE (4 oz) CINNAMANIA CINNAMON BUN GRAHAM SNACKS MILK	10/21 GRAPE JUICE (4 oz) CEREAL COMBO (3/4 c) DANIMAL STRAWBERRY YOGURT (4 oz) MILK	10/22 APPLE JUICE (4 oz) FROSTED MINI WHEATS CEREAL (3/4 c) BROWN SUGAR & CINNAMON OATMEAL BREAKFAST BAR MILK	10/23 ASSORTED JUICE (4 oz) RICE KRISPIES CEREAL (3/4 c) BLUEBERRY ELFIN LOAF MILK
10/26 ORANGE JUICE (4 oz) SPECIAL K CEREAL (3/4 c) KEEBLER CINNAMON GRAHAM CRACKERS MILK	10/27 APPLE JUICE (4 oz) CHEERIOS CEREAL (3/4 c) TRIX RASPBERRY RAINBOW YOGURT (4 oz) MILK	10/28 ASSORTED JUICE (4 oz) GOLDEN GRAHAM CEREAL (3/4 c) PEANUT BUTTER & JELLY WAFER MILK	10/29 GRAPE JUICE (4 oz) CRUNCHMANIA STRAWBERRY WAFFLE MILK	10/30 ASSORTED JUICE (4 oz) CEREAL COMBO (3/4 c) BRAN MUFFIN MILK

BREAKFAST PRICE
STUDENT BREAKFAST \$2.00

ADULT BREAKFAST \$2.05

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
STUDENT REDUCED PRICE BREAKFAST \$.30

***KELLOGG'S "JUMP START" OR EASTSIDE ENTREES "BREAKFAST BREAKS" BREAKFAST KITS
AVAILABLE AT SELECTED CAFETERIAS**