

**ROCKFORD PUBLIC SCHOOLS
SCHOOL BREAKFAST MENU*
SEPTEMBER 28 THRU OCTOBER 30, 2009**

AUBURN, AUBURN FRESHMAN CAMPUS, BARBOUR, BLOOM, BROOKVIEW, CARLSON, CHERRY VALLEY, CONKLIN, DENNIS, EAST, EISENHOWER, ELLIS, FAIRVIEW, FLINN, FROBERG, GALAPAGOS, GREGORY, GUILFORD, HASKELL, HILLMAN, JACKSON, JEFFERSON, KENNEDY, KISHWAUKEE, LATHROP, LEGACY, LEWIS LEMON, LINCOLN, MARSH, McINTOSH, MONTESSORI, NASHOLD, NELSON, NEW MILFORD, PAGE PARK, RESA, RIVERDAHL, ROLLING GREEN, SPRING CREEK, THOMPSON, WALKER, WASHINGTON, WELSH, WEST, WEST VIEW, WHITEHEAD, WHITE SWAN AND WILSON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/28 ASSORTED JUICE (4 oz) LUCKY CHARMS CEREAL (3/4 c) STRAWBERRY POPTART <p style="text-align: right;">MILK</p>	9/29 GRAPE JUICE (4 oz) MAPLE WAFFLE <p style="text-align: right;">MILK</p>	9/30 ASSORTED JUICE (4 oz) CEREAL COMBO (3/4 c) BLUEBERRY ELFIN LOAF <p style="text-align: right;">MILK</p>	10/1 APPLE JUICE (4 oz) CINNAMANIA FRENCH TOAST GRAHAM SNACKS <p style="text-align: right;">MILK</p>	10/2 ORANGE JUICE (4 oz) CORN FLAKES CEREAL (3/4 c) KEEBLER GRAHAM CRACKERS NO SCHOOL – DENNIS & FAIRVIEW ONLY <p style="text-align: right;">MILK</p>
10/5 ASSORTED JUICE (4 oz) RICE KRISPIES CEREAL (3/4 c) BANANA ELFIN LOAF <p style="text-align: right;">MILK</p>	10/6 GRAPE JUICE (4 oz) TRIX CEREAL (3/4 c) RAISIN OATMEAL BREAKFAST BAR <p style="text-align: right;">MILK</p>	10/7 ASSORTED JUICE (4 oz) APPLE JACKS CEREAL (3/4 c) DANIMAL STRAWBERRY YOGURT (4 oz) <p style="text-align: right;">MILK</p>	10/8 ORANGE JUICE (4 oz) HONEY NUT CHEERIOS CEREAL (3/4 c) BLUEBERRY POPTART <p style="text-align: right;">MILK</p>	10/9 SCHOOL IMPROVEMENT DAY NO SCHOOL
10/12 COLUMBUS DAY NO SCHOOL	10/13 ORANGE JUICE (4 oz) FRUIT LOOPS CEREAL (3/4 c) BROWN SUGAR & CINNAMON POPTART <p style="text-align: right;">MILK</p>	10/14 APPLE JUICE (4 oz) MAPLE WAFFLE <p style="text-align: right;">MILK</p>	10/15 GRAPE JUICE (4 oz) FRUIT LOOPS CEREAL (3/4 c) ASSORTED ROLLS <p style="text-align: right;">MILK</p>	10/16 ASSORTED JUICE (4 oz) CHEERIOS CEREAL (3/4 c) PEANUT BUTTER & JELLY SANDWICH <p style="text-align: right;">MILK</p>
10/19 APPLE JUICE (4 oz) TRIX CEREAL (3/4 c) KEEBLER GRAHAM CRACKERS <p style="text-align: right;">MILK</p>	10/20 ORANGE JUICE (4 oz) CINNAMANIA CINNAMON BUN GRAHAM SNACKS <p style="text-align: right;">MILK</p>	10/21 GRAPE JUICE (4 oz) CEREAL COMBO (3/4 c) DANIMAL STRAWBERRY YOGURT (4oz) <p style="text-align: right;">MILK</p>	10/22 APPLE JUICE (4 oz) FROSTED MINI WHEATS CEREAL (3/4 c) BROWN SUGAR & CINNAMON OATMEAL BREAKFAST BAR <p style="text-align: right;">MILK</p>	10/23 ASSORTED JUICE (4 oz) RICE KRISPIES CEREAL (3/4 c) STRAWBERRY POPTART <p style="text-align: right;">MILK</p>
10/26 ORANGE JUICE (4 oz) LUCKY CHARMS CEREAL (3/4 c) KEEBLER CINNAMON GRAHAM CRACKERS <p style="text-align: right;">MILK</p>	10/27 APPLE JUICE (4 oz) CHEERIOS CEREAL (3/4 oz) BLUEBERRY POPTART <p style="text-align: right;">MILK</p>	10/28 ASSORTED JUICE (4 oz) GOLDEN GRAHAM CEREAL (3/4 c) PEANUT BUTTER & JELLY WAFER <p style="text-align: right;">MILK</p>	10/29 GRAPE JUICE (4 oz) CINNAMON TOAST CRUNCH CEREAL (3/4 c) BANANA ELFIN LOAF <p style="text-align: right;">MILK</p>	10/30 ASSORTED JUICE (4 oz) FRUIT LOOPS CEREAL (3/4 c) ASSORTED ROLLS <p style="text-align: right;">MILK</p>

BREAKFAST PRICE
STUDENT BREAKFAST \$2.00

ADULT BREAKFAST \$2.05

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
STUDENT REDUCED PRICE BREAKFAST \$.30

***KELLOGG'S "JUMP START" OR EASTSIDE ENTREES "BREAKFAST BREAKS" BREAKFAST KITS
AVAILABLE AT SELECTED CAFETERIAS**