

**ROCKFORD PUBLIC SCHOOLS
WASHINGTON ACADEMY LUNCH MENU
AUGUST 24 THRU SEPTEMBER 25, 2009**

ONE ADDITIONAL BREAD OFFERED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/24 INSTITUTE DAY NO SCHOOL	8/25 INSTITUTE DAY NO SCHOOL	8/26 (First Day of School) 1/2 DAY NO LUNCH	8/27 CHEESEBURGER ON BUN HASH BROWN STICK WHOLE KERNEL CORN PEACH CUP MILK	8/28 HAM & CHEESE SANDWICH ON BUN LETTUCE SALAD W/FRENCH DRESSING MIXED VEGETABLES APPLESAUCE OR APPLE REDUCED FAT SWEET & SPICY CHILI DORITOS MILK
8/31 CHICKEN NUGGETS W/BBQ SAUCE SLICE OF BREAD (2) POTATO TRIANGLE WHOLE KERNEL CORN APPLE JUICE MILK MS - MR. RIB & HASH BROWN STICK	9/1 TURKEY & CHEESE SANDWICH HASH BROWN PATTY FRUIT COCKTAIL SHAPE UP FROZEN JUICE TREAT MILK MS - CHICKEN QUESADILLA & CORN	9/2 SAUSAGE PIZZA SLICE OF BREAD (2) PEAS ORANGE WEDGES MILK MS - SPICY CHICKEN PATTY & FRIES	9/3 HONEY GRILLED SMOKED BEEF RIB PATTY ON BUN POTATO ROUNDS MIXED VEGETABLES PEACH CUP MILK MS - BLT & POTATO PATTY	9/4 MACARONI & CHEESE BREAD (2) LETTUCE SALAD W/RANCH DRESSING APPLE MILK MS - BBQ & CURLY FRIES
9/7 LABOR DAY NO SCHOOL	9/8 HAMBURGER ON BUN HASH BROWN STICK PEAS PINEAPPLE TIDBITS SUN CHIPS GARDEN SALSA MILK MS - CORN DOG & PEAS	9/9 PEPPERONI PIZZA GREEN BEANS TOSSED SALAD W/FRENCH DRESSING FRUIT COCKTAIL MILK MS - HOT POCKET, BAKED BEANS, FRENCH FRIES	9/10 TURKEY SANDWICH POTATO PATTY STEAMED CARROTS PEACH CUP MILK MS - CHEESE HOT DOG & HASH BROWN STICK	9/11 BEEF TACO MAX SNAX W/SALSA SLICE OF BREAD (1) HASH BROWN STICK MIXED VEGETABLES APPLESAUCE OR APPLE MILK MS - BRATWURST & POTATO PATTY
9/14 BEEF HOT DOG ON BUN POTATO TRIANGLE PEARS GRAPE JUICE MILK MS - CHICKEN PATTY & MIXED VEGETABLES	9/15 BOLOGNA & CHEESE SANDWICH POTATO WEDGES LETTUCE SALAD W/FRENCH DRESSING PEACH CUP MILK MS - CHICKEN NUGGET & POTATO TRIANGLE	9/16 CHEESE PIZZA SLICE OF BREAD (2) WHOLE KERNEL CORN APPLESAUCE OR APPLE MILK MS - MEATBALL SUB & FRENCH FRIES	9/17 BAKED TOSTITOS SCOOPS W/ BEEF TACO MEAT, CHEESE, SHREDDED LETTUCE, SALSA SLICE OF BREAD (2) STEAMED CARROTS ASSORTED JUICE MILK MS - MR. RIB & CURLY FRIES	9/18 HAM & CHEESE SANDWICH HASH BROWN STICK MIXED VEGETABLES ORANGE WEDGES MILK MS - FISH & PEAS
9/21 TURKEY & CHEESE SANDWICH POTATO TRIANGLE GREEN BEANS ORANGE JUICE MILK MS - BEEF BURROTO & CORN	9/22 CHICKEN NUGGETS W/BBQ SAUCE SLICE OF BREAD (2) POTATO PATTY WHOLE KERNEL CORN PEARS MILK MS - RANCH CHICKEN WRAP & FRENCH FRIES	9/23 SAUSAGE PIZZA SLICE OF BREAD (1) STEAMED CARROTS LUNCH BUNCH GRAPES MILK MS - MACARONI & CHEESE, POTATO PATTY	9/24 HAM SANDWICH HASH BROWN STICK LETTUCE SALAD W/RANCH DRESSING PETITE BANANA GRANDMA'S CHOC CHIP COOKIE MILK MS - CHILI DOG & POTATO WEDGES	9/25 CHEESEBURGER ON BUN HASH BROWN PATTY GREEN BEANS PEACH CUP MILK MS - PORK CHOPETTE & CURLY FRIES

THESE MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
LUNCH PRICES

ELEMENTARY STUDENT LUNCH \$2.70 MIDDLE SCHOOL STUDENT \$3.10 LUNCH REDUCED PRICE STUDENT LUNCH \$.40 ADULT LUNCH \$3.85 MILK ONLY \$.40
MIDDLE SCHOOL STUDENTS HAVE SUB SANDWICHES AND SALADS AVAILABLE DAILY AND A POTATO BAR ON WEDNESDAYS AS LUNCH CHOICES
MIDDLE SCHOOL STUDENTS ALSO HAVE ALA CARTE YOGURT, SLUSHIES, COOKIES, 100% JUICE & CHIPS AVAILABLE FOR AN ADDITIONAL COST
MS PIZZA SCHEDULE: TUESDAYS - DOMINO'S, WEDNESDAYS - SAM'S, THURSDAYS - PAPA JOHNS, ES PIZZA - WEDNESDAYS

FLAVORED 1% MILKS, WHEN AVAILABLE, INCLUDE VANILLA, STRAWBERRY AND CHOCOLATE